

### **Bark Rubbings**

#### **Resources:**

- Paper
- Crayons

#### **Methods**

1. Find an area with some trees that are easily accessible (Ideally different types of trees).
2. Let the children feel the bark of the tree with their hands and notice the different textures.
3. Place the paper on the tree.
4. Using the crayon, rub the paper to see what kind of textures you can show.
5. Repeat on different texture.

#### **Talking Points:**

- Why do different trees have different textures?
- What is the name of the tree?
- Why are trees important?

### **Create a picture using natural resources**

#### **Resources**

- Imagination
- Some loose natural materials such a pinecones, sticks, seaweed, stones, pine needles etc.

#### **Methods**

1. Find an area with natural loose material (See location page for suggestions).
2. Allow children to use their imagination to create a picture OR suggest some themes such as woodland or sea creatures, people.

## **Natural Dyes Paintings**

### **Resources**

- Uncooked beetroot
- Charcoal
- Green vegetation ( Leaves, grass etc)
- Easily breakable rocks (sandstone)
- Clay
- Paint brushes (OR you can use fingers)
- Containers for paints to be mixed with water
- Glue
- Paper, or collect stones
- Stone or herb grinder

### **Methods:**

1. Prepare the paints with the group by grinding down the materials to create a pulp.
2. Mix glue and water and stir the mixture.
3. Using paint brushes or fingers to paint pictures.

### **Talking Points:**

- Where do these materials come from?
- Human uses of natural dyes.
- Harvesting sustainably.
- How can humans live alongside nature?

## **Hanging Mobile**

### **Resources**

- 1 stick per child
- String (Can be any colour or any material)

### **Methods**

1. Find an area with natural materials, ideally woodland.
2. Tie the material you find such as pinecones, sticks.

